



## **You're invited to drink**

If you could only drink one drink for the rest of your life, which would you choose? (Not including water!) The main point from the talk on Sunday was: **Water keeps us alive but living water helps us thrive.** Read John 7: 37-38

What is the group's experience of the Holy Spirit?  
How they were first filled with the Holy Spirit?

If someone in your group has never experienced or been filled with the Holy Spirit maybe take the opportunity in this moment (if they're comfortable) to pray for them to be filled.

Jesus in this scripture not only invites us to come to Him for a quenching of thirst, he also invites us to be plugged into the source of living water so that His spirit can flow through us.

Points to ponder:-

### **Position**

- Do you feel like you're currently positioned to be in the flow of God's spirit or do you feel stagnant?
- What are some ways that you ensure in your life that you stay in the flow?
- Read Romans 8:5, how do you 'set your mind on what the Spirit desires'?
- Pray for anyone who feels like they need to reposition themselves

### **Posture**

- What is your posture towards the work of the Holy Spirit?
- How can you posture yourself towards the Holy Spirit?
- Where is an area of your life that you need to be more open to the work of the Holy Spirit?

### **Planting ( Read Galatians 5:22-23)**

- Andy shared 'These qualities make up the Fruit. There are not nine different fruits—it is a nine-part Fruit. The Fruit is like an orange, with numerous segments. So, imagine that each slice of the orange is one of the aspects of the Fruit of the Spirit.'
- How does this outwork for you?
- How do you further plant the Holy Spirit within you?

**Purity** (You'll need to think about how you approach this with your group as it could be exposing and very uncomfortable for some, be sure to set the right tone)

- Have you ever experienced a blockage of the Holy Spirit due to your lifestyle?
- How have you seen an increase in the flow of God's spirit when you have repented from sin?

### **Prayer**

Pray the words of Jesus for each other that 'rivers of living water will flow from within them.' That the work of the Holy Spirit would flow through them this week. Continue to pray for each other as we approach 'So This Is Christmas' that the people we invite would come and that they might respond to Jesus.